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## ***Anorectal Surgery***

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Please remember to read through all the pre-operative instructions. As it is pertinent to your upcoming procedure. If you should not follow the instructions, it could lead to your procedure being cancelled or rescheduled.

The following medications are used to prep for your procedure. Often, they are over the counter and can be purchased at your local pharmacy. Always call the pharmacy prior to going to ensure that they have received your prescription.

### Preparing for your Anorectal Surgery

#### 7 Days Prior

- Stop all blood thinning and anti-inflammatory medications. As directed in your pre-operative instructions.
- You will be contacted by the facility to get you COVID tested if you have not been covid vaccinated. Please do NOT contact the facility any earlier than 7 days prior to your procedure as they have a process in place for testing their patients. If you do not receive a call to be COVID tested 7 days prior to your procedure, call our office, not the facility.
- If you smoke, please STOP at minimum 2 weeks prior to your procedure.

#### 1 Day Prior

- Take one fleet enema at bedtime.
- Fasting after midnight. This includes no water or food of any kind.

### Morning of Your Procedure

- Maintain fasting- no water no food.
- Take one fleet enema when you wake up.

### Day of Your Procedure

- You will need a driver to and from your procedure. The driver will not be allowed to enter the facility with you but can drop you off. Once you are starting the discharge process a nurse will contact your driver to come pick you up by phone.
- Leave all valuables at home.
- Call our office to schedule a 3 week follow up.

### Things to keep in mind...

- **NO SHOWS**-If you no show to your surgery you will be subject to a **\$100 dollar no show fee**. You will not be rescheduled. The provider will need to see you in the office before another date is set. The fee must also be paid in full.
- **RESCHEDULING**-We understand life happens but rescheduling a surgical procedure can be difficult as there are many moving pieces. Please be mindful of rescheduling your procedure, to avoid any charges you should reach out to your scheduler within 48 hours of your procedure to reschedule, otherwise you could be subject to a **\$50-dollar rescheduling fee**.
- **FEES**-Our office is only responsible for quoting our own fees. Even then so, the estimate we provide is an estimate. If you are subject to deductible, coinsurance, or out of pocket we will contact to go over the amount with you. If you have a surgical copay, that will be collected 3 days prior to your procedure by the surgical coordinator.
- **SURGICAL ASSIST**-In most major colon surgeries your physician will require a surgical assist. The surgical assist is not always contracted with your insurance plan. If they are not, you will be sent a separate bill from the assist surgeon. Our office can provide you with the surgical assists' information should you have any questions or concerns.
- **FMLA/Short Term Paperwork**-Our office charges a \$25.00 fee for any paperwork. This fee can be paid at the time of your surgery being scheduled, or upon completion our office will contact you for payment. Please allow our office 7 business days to process paperwork.